



COLORADO NATIONAL GUARD FAMILY PROGRAMS

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TriCare Enrollment Walkthrough

TriCare Reserve Select (TRS) is one of the most beneficial programs that Soldiers and their Families will have access to during their military careers. Below is a basic overview of what you need to do to take advantage of this truly great benefit. Please read through this Walkthrough completely before attempting to sign up.

1. While Soldiers are automatically enrolled in DEERS (Defense Enrollment Eligibility Reporting System) it is up to the Soldier to get their eligible dependents enrolled. A list of the documents needed as well as the locations of DEERS offices throughout CO have been included in this mailing. If dependents have not been enrolled in DEERS, they technically do not exist as far as TriCare is concerned so being proactive is key. This applies to TriCare Prime while you are at Basic/AIT as well.
2. TriCare is truly a steal at \$51.68 per month for Individual Soldiers and \$204.29 for Soldier and Family. It is important to note however that upon enrollment you will need to pay for your first two months up front. Once you've enrolled you will be mailed a monthly EFT authorization form and all of your future payments will be automatically withdrawn from a bank account or credit card. The 20th of the month is usually the cutoff date for coverage the following month. For example, if I want coverage starting in June I want to make sure TriCare has my enrollment form (found on the enrollment website, next block will take us there) and my first two months payments NO LATER than the 20th of May.
3. Once you're ready to make the initial payment and you have gotten your eligible dependents enrolled in DEERS, use this link to go to the TRS Enrollment Website:

<https://www.dmdc.osd.mil/appj/trs/>

Select RC (Reserve Component) Member and then Continue. Once you click OK on the next page you will be asked to log in. If you do not have CAC access, you are able to use your MyPay account info to log in. Once you are in you are ready to begin the enrollment process.

Funds **are not** deducted at the time of your online registration. Regardless of the payment method you select online, TriCare will not begin processing payment until they receive your paperwork in the mail.

Important Reminders!

Accepting Providers: TriCare works similar to other government healthcare plans in that doctors receive a smaller reimbursement than they would with traditional insurance plans. This means that fewer doctors accept TriCare. As such, you need to ensure that if you have a primary care physician or specialist you do not want to part with that they accept TriCare.

Urgent Care and Referrals: TriCare Reserve Select does require a referral for Urgent Care. Your cost share at an Urgent Care facility will be much higher if you do not wait the needed time for a referral. You can reach the TriCare Referral line at: **720-847-9355**. This may not seem practical, but overall the referral system is very user friendly. If there is a legitimate need you should have no problem receiving a referral, which is not often the case with traditional insurance policies.

If this didn't answer your question please let me know! My hope is that you are able to keep you and yours healthy and happy throughout the length of your career with TriCare Reserve Select.

Sincerely,