

## Partnerships that Make a Difference

July 12, 13 & 14

Boys & Girls Ages 7-14

8am—11:30am

Vista Ridge HS 6888

Black Forest Rd.

Colorado Springs, CO 80922



Helping Hands for Freedom is proud to partner with Pro Football Camp's out of Colorado Springs to provide boys and girls ages 7 to 14 with an experience that not only helps them with skills and techniques on the field, but provides the kids an understanding of the discipline, dedication and sacrifice that is needed to succeed off the field. Current and Past NFL Athletes join the staff and present the "difference makers" in their life that allowed them to make it to the highest level of their profession:

**Perseverance:** The NFL Athletes share their stories about the endurance and hard work that it has taken them to get to this point. They talk about the personal struggles they have had to overcome to achieve their success. The athletes motivate these young boys and girls to strive to work longer and harder than their peers.

**Goal Setting:** Each camp participant is encouraged to set goals for improving every day and every season, to have a plan to accomplish these goals, and setting goals not just for sports, but for school and life.

**Self-Esteem:** We teach how confidence is developed through practice, preparation, work ethic & repetition.

**Teamwork:** The focus is on what it means to be a team player and how so much more can be accomplished when you are committed to others than as an individual.

**Integrity:** Integrity is the person you are when no one is looking. This character trait is more important than the number of tackles you made or touchdowns you scored. It is not whether you win or lose but how you play the game that is ultimately what everyone will remember.

**Helping Hands for Freedom is providing 65 complimentary spots to Military Families  
Must be E1—E6 Rank to Qualify—First Come, First Serve (See Registration Form)**

**In addition, for paid participants, if registration forms are submitted by  
June 17th, Camp Participants can attend for \$99 per individual.**

IN PARTNERSHIP WITH

HELPING HANDS



# PRO FOOTBALL CAMP

A 501c3 ORGANIZATION

## LEARN FROM THE PROS: FOOTBALL SKILLS & CHARACTER

**Youth Football Camp** ★ July 12-14, 2016 ★ 8:00-11:30 a.m. ★ Athletes Ages 7-14

- ↳ Coached by NFL Athletes
- ↳ Professional, Certified Speed & Agility Trainer
- ↳ 12:1 ratio between Coaches & Participants
- ↳ Daily "Off the Field" with a NFL Athlete teaching character qualities that relate to football and everyday life.

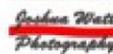
**Daily Schedule:**

- 8:00 a.m. "Off the Field with the Pros" and Warm-up
- 8:30 a.m. Football Skills Training  
Speed & Agility Drills
- 10:30 a.m. Scrimmages
- 11:30 a.m. Autograph Session with NFL Athletes (TBD)

**Where:** Vista Ridge High School  
6888 Black Forest Road,  
Colorado Springs, CO 80923

More than 100 scholarships available!  
[www.profootballcamp.com](http://www.profootballcamp.com)

For donations or to sponsor an athlete,  
contact Pro Football Camp @ 719-266-9308



For More Information: 720-481-0414 or email: [stefy@helpinghandsforfreedom.org](mailto:stefy@helpinghandsforfreedom.org)