



## Department of Defense BeThere Peer Support Call and Outreach Center



### Who we are

The Department of Defense BeThere Peer Support Call and Outreach Center provides resources and support for everyday problems to our Active Duty, National Guard, Reserves and their family members. The center staffs Veterans and military spouses as peer specialists, who answer calls with compassion drawn from their own military-life experience.

### What we provide

We are unique from other military call centers due to the unlimited, confidential 24/7/365 access to peer support specialists via calls, texts and online chat from anywhere in the world. \*We are not a crisis line. If seeking urgent assistance, please contact the Military Crisis Line: 800-273-8255.

### How you can help

Serving our military and their families is why we are here. We need your help to spread the word, so all military families know we will be there for them when they need support. You can make a difference for our military community by doing the following:

- **Share messaging on social media platforms:** Download our digital media toolkits for easy, cut-and-paste posts at <https://www.BeTherePeerSupport.org/partners>.
- **Spread the word through handouts:** Download, email, print and share our flier, trifold, posters, fact sheets and wallet cards at <https://www.BeTherePeerSupport.org/partners>.
- **Showcase web buttons:** Download and post our web button to your website at <https://www.BeTherePeerSupport.org/partners/BeThere-web-button>.

# BeThere

Department of Defense  
BeThere Peer Support  
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### Join us

Partner with us! Contact [media@triwest.com](mailto:media@triwest.com) to collaborate.

View and download our messaging to share here:

<https://www.BeTherePeerSupport.org/partners>.

### Reach us

**Call:** 844-357-PEER (7337)

**Text:** 480-360-6188

**Chat online:** <https://www.BeTherePeerSupport.org>

### Follow us

@BeTherePeerSupport

@DoDPeerSupport

Find all BeThere Peer Support Call and Outreach Center partner downloads at <https://www.BeTherePeerSupport.org/partners>.

